## Simple Actions for PEACE in Mindanao

- Know your roots and get to know them. Do you have roots in Mindanao?
- Touch base with your relatives and friends who are in Mindanao and get to know the stories on the ground through their own experiences.
- Understand the uniqueness and oneness of the different ethnicities and identities of the Mindanao People (Lumad/Indigenous, Muslims, Christians, etc.).
- Learn about the cultural and faith values of the Lumads/Indigenous peoples, Muslims, and Christians in Mindanao.
- Read and understand alternative histories of Mindanao (from perspectives of the Lumads/In digenous Peoples and Muslims)
- Actively participate in challenging stereotypes about Mindanao people
- Ask questions about what is being reported in the news about Mindanao.
- Participate in activities supportive of Mindanao causes.
- Participate in campaigns to support the peace process and ceasefires
- Research and appreciate what has been and what is being done for peace and help transform ways that are no longer working.
- Reflect on what it means for the Philippines to be a nation of nations, talk about this with my friends, teachers, family
- Work against corruption and work for electoral reform and good governance in your locality and in Mindanao (because so much conflict in Mindanao is due to injustice, malgovernance and massive stealing of public funds.)
- Ask your congressperson, even if she or he is from the 2nd district of Quezon City about his/her views and plans for peace in Mindanao.
- Learn about a peace group or effort in Mindanao. (For example: What is the Peacebuilders Community Inc. and how does their "Coffee for Peace" work? Who are the Tedurai Lamban gain Women's Organization and what are the women's issues they are addressing? Why did the Mindanao Peoples' Caucus form an all-women peacekeeping contingent and how do they keep peace? Who are the UNYPAD, how did they help resolve a rido, and who of them may want to be a facebook friend?)
- Volunteer for a Peace NGO. They need a lot of extra hands to make peace possible!
- Use your creativity to promote issues on the ground (i.e. hold a photo exhibit, fundraise for relief goods or aid to Internally Displaced Peoples (IDPs), etc.).
- Be the peace you want to be in Mindanao.
- Katotohanan Kaloob Kamalayan Karangalan Kalahi Kasaysayan Kalahi Kasaysayan Kalahi Kasaysayan Karapatan Kaisa Kalusugan www.kapwamindanao.weebly.com